



# Family Support

Available through the  
CalWORKs Home Visiting Program



*Are you pregnant or parenting?*

*Are you worried about how the Coronavirus affects you and your family?*

*Do you know you can have help during this time of crisis?*

**WE ARE HERE TO SUPPORT YOU!**

You are not alone during the COVID-19 crisis. We are only a phone call away!

A team of trained healthcare professionals will contact you by phone to listen to your concerns and help you enroll in a program best suited for your needs.

## ARE YOU ELIGIBLE?

Any family or individual receiving cash aid (CalWORKs) who is pregnant

OR

parenting a child two years or younger.

## HOW WILL THESE PROGRAMS HELP ME?

Our trained team provides support and services during pregnancy; coaches parents on how to support your children during difficult times; offers techniques for lowering your stress; and connects you and your family to educational training, job opportunities and other resources.

For general COVID-19 information:

<http://publichealth.lacounty.gov/media/Coronavirus/>

For Pregnancy information:

<http://publichealth.lacounty.gov/media/Coronavirus/GuidancePregnantWomen.pdf>

To learn more and enroll in one of our **free and voluntary** programs please contact  
our Information Line: 213-639-6434 or 1-800-427-8700 (press #4, option #2)

Department of Public Health, Division of Maternal Child & Adolescent Health Services

in collaboration with Department of Public Social Services

