

since

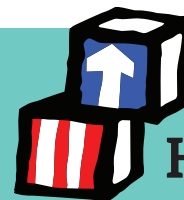
19

elnido | FAMILY
CENTERS

A CHILD CAN'T GROW UP TWICE

25

2023-2024 Annual Report



Early
Head Start

Our Program

El Nido Family Centers' Early Head Start (EHS) Program, which replicates the national home visitation model, began in South Los Angeles in 2001; with expansion in 2009. Our dedicated EHS team provides comprehensive child development and family support services at no cost to low-income pregnant women and families with children ages 3 and under.

The El Nido Family Center team includes specialists for recruitment and enrollment, early childhood education, disability, school readiness, health and nutrition, and family and community engagement. Other members include 14 Early Childhood Parent Coaches who make weekly home visits, a mental health consultant, and a registered dietician. Together the team provides home and program center services that aid in improving a child's development in the areas of gross motor, language, social, and cognitive skills. Children also receive vision and dental checkups provided by the program through community partnerships.

The El Nido Family Center EHS Program serves South Los Angeles zip codes 90002, 90003, 90044, and 90047 that fall in Office of Head Start Region IX. The area covered roughly lies between Slauson Avenue to El Segundo Boulevard and Van Ness Avenue to Alameda Boulevard.



Activities at our Family and Community Center

El Nido Family Center's Early Head Start Program provides many resources that benefit the whole family. Parents receive a monthly calendar with upcoming program activities and events through their Parent Coach, by mail, or by joining our Facebook and Instagram pages. Most events are held on-site at a time best convenient for families.



Policy Council

Elected parents who represent their child's class attend monthly meetings with program staff to provide feedback and assist in decision-making regarding program governance.

EHS Food Pantry

Where fresh fruits and vegetables are provided every two weeks. Families are able to come in on Wednesdays from 9 a.m.-4 p.m. to pick up produce.

Parent Committee

Parents have the opportunity to provide feedback and assist in the development of program activities for their children.

Parent Lounge

The Parent Lounge is exclusively for our parents to come into and socialize with other parents and attend workshops.

Play and Learn Groups

Offered twice a month and aimed at providing each child and primary parent a developmentally appropriate and fun social learning environment.

Parent Educational Workshops

Include a variety of topics such as parenting, child development, car seat safety, healthy living, special needs, and successful transitions to Head Start and early childhood centers.

Open Play

Children build on their physical development and parents create friendships with other parents in our specially designed outdoor area for children Birth-to-5. Open during Summer Time; Wednesdays 1-4 p.m.

Toy Loan

Sponsored by LA County DPSS – provides families with toys they can check out for their kids weekly in a setting similar to a library. This allows kids to begin to learn social responsibility/accountability.

LENA

Provides interested families an opportunity to support their child's language development with state-of-the-art language environment analysis services. A small device worn once a week on a day chosen by the family, provides Parent Coaches and parents data on the language environment in their home offering information to craft strategies to increase back and forth conversation.

Child Care

Provides enrolled families with child care during trainings, workshops, socializations for families to be fully present during their participation in our program.

Opening Doors/Abriendo Puertas

Ten-session series starting September, yearly. The mission of this workshop is to support parents as leaders of their families and as their child's first and most influential teacher in a home that is their child's first school.

Client Highlights



I joined El Nido Family Centers Early Head Start Program when my daughter was 11 months. I am a first-time mom, so when I began services, I was very shy and also very scared. I was scared to be a mom because I didn't know or have anyone to guide me. Since I've joined El Nido Family Centers Early Head Start, I feel more secure. The program has helped me a lot and walked me through many of my fears. It feels like family and they treat me and my daughter so well. I have seen a change in my child. She is secure and talkative. She likes coloring, reading books and making friends. I am very thankful that I have this program as part of my life.

Nuestra Familia ya tiene un año formando parte de El Nido Family Centers Early Head Start. Yo como madre me siento muy contenta por el apoyo que he recibido hasta el día de hoy. A mi hija no le gustaaba relacionarse con nadie y desde que empeso el programa a aprendido a socialisarse y le encanta aisitir a las actividades. Estoy fascinada con el personal porque son muy amables, atentas, siempre me preguntan como voy con mis estudios, como voy superandome y su preocupacion hacia mi persona porque me hacen sentir en familia. Tengo la oportunidad de formar parte de el Consejo de Politicas y logro tener vos y voto sobre la educacion de mi hija. Las visitas en el hogar son especiales ya que mi hija a formado una linda conexion con su maestra y trabajamos juntas en cumplir las metas del desarrollo de mi hija y tambien metas familiares.



We have been in the program for 18 months. My experience has been great. There is a lot of support and I have learned a lot from the knowledge that is shared throughout the staff. Being part of El Nido Early Head Start has given me the opportunity to help my child with her development and I am happy to see her thriving. I have definitely noticed a difference in her social skills. Socializations and home visits have definitely helped in supporting her development and forming a confident child. Being Part of El Nido Family Centers Early Head Start has also pushed me to be more involved. I am part of the Policy Council which allows me to understand the way the program is ran but as well be that advocate for my child and others towards their education. I am able to be more confident in myself to then implement that when it comes to supporting my child in her development.

The Continuing Process of Readyng Families for School and Life

During 2024 (PY23/24), El Nido's Early Head Start program continued providing in-home face to face services. Families without a primary home were offered services at our program site as indicated by their individualized service plan. Play and Learn Groups (aka socialization groups) occur each Friday (or twice a month per family) and are popular among families who attend. We continue to adhere to our health and safety protocols and have families register prior to the small group of ten on a first come first served basis.

Educational information and activities focus on supporting our 5 School Readiness Goals and the Office of Head Starts 5 domains in the Early Learning Outcomes Framework at the right. We are committed to building enrolled parent's knowledge in child development and skills in being their child's first teacher and have added goals and objectives to strengthen for our teacher parents as well as for the child.

Professional Development for Education Staff and Coaching:

We offer staff a climate of supportive life-long learning to serve as a model for parents and children and embody that we are all always learning. Early Childhood Parent Coaches (important members of our education team), are able to participate in practice-based coaching and join Teaching and Learning Collaboratives where they set professional goals based on self-assessment, share video tapes of themselves in practice, and get feedback from the Mentor Coaches and the other staff in the cohort. Expert on-one coaching also occurs when indicated.



The 5 School Readiness Goals

1

Approaches to Learning

Children will demonstrate developmentally appropriate approaches toward learning.



2

Social-Emotional Development

Children will demonstrate developmentally appropriate positive emotion regulation, emotional well-being, and social behavior with adults and peers.



3

Language and Communication

Children will demonstrate developmentally appropriate positive communication, language, and emergent literacy skills.



4

Cognitive Development

Children will demonstrate developmentally appropriate positive general cognitive skills.



5

Perceptual, Motor, and Physical Development

Children will demonstrate developmentally appropriate physical development and health and safety skills.



Program Data

The PIR (Program Information Reports) provides comprehensive data on the services, enrollment, staff, demographics, children, and families served by the Head Start and Early Head Start programs nationwide. All grantees and delegates are required to submit Program Information Reports for Head Start and Early Head Start programs. The PIR is an important source of descriptive and service data for the Head Start community, their partners, Congress, and the general public. The PIR data is compiled for use at the federal, regional, state, and local levels.

Enrollment 2023-2024

Funded Enrollment	120
Home-based Program	120
Total Number of Families	238
Number of Children	214
Number of Pregnant Women	14
Total Cumulative Enrollment (# of Children & Pregnant Women)	218

Enrollment by Type of Eligibility

Income below 100% of Federal Poverty Line	37
Foster Children	17
Homeless	16
Over Income	13
Income Between 100% & 130% of Poverty	17
Public Assistance	118

Enrolled Children That Received Routine Medical Care from a Pediatrician

Percentage of Enrolled Children That Were Up to Date on Immunizations

91%

Percentage of Enrolled Children That Have Received Continuous Medical Care

99%

Percentage of Enrolled Children That Have Had Continuous Dental Care

86%

Percentage of Enrolled Pregnant Mothers with Established Health Insurance

100%

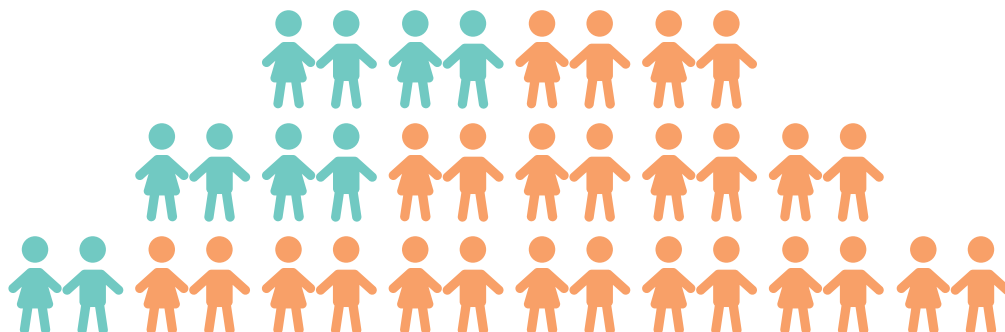
Enrolled Children with Disabilities

Total Number of Children That Received Disability Services

66

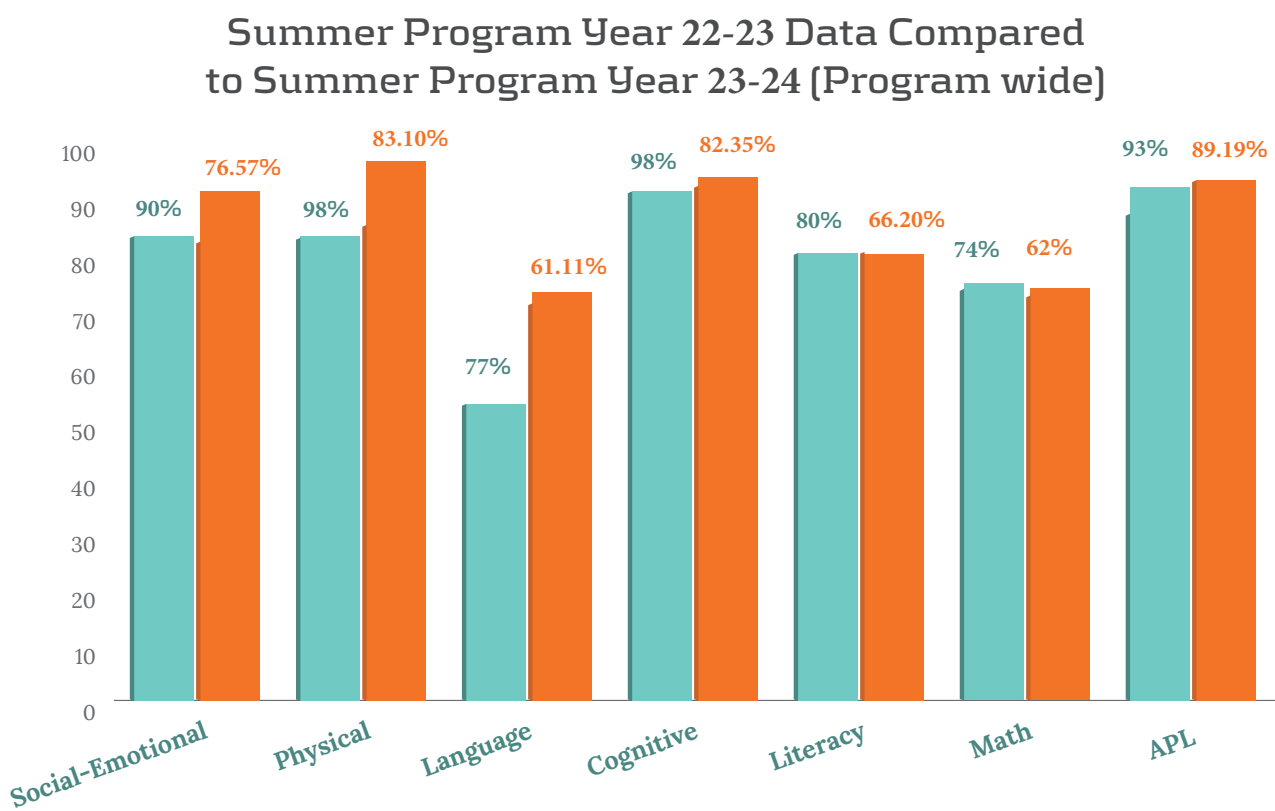
Enrolled Participants Referred for Mental Health Services

33



School Readiness 23-24 Outcomes

The following graph shows a comparison of School Readiness Goals Outcomes for Summer (end of the program year) 22/23 and Summer 23/24. All 5 domains: Approaches to Learning; Language and Communication; Cognition; Perceptual, Motor, and Physical Development; and Social Emotional Development are included, as well as the two content areas of Literacy (a content of Language Development) and Emerging Mathematics (a content of Cognitive development).



Analysis

The data shows that in PY23/24 children's outcomes fell in all the educational domains and education content areas. The areas where the Program met its School Readiness goal to have 80% of the enrolled children meeting widely held expectations for age-appropriate development were Physical development, Cognitive development and the area of Approaches to Learning.

Program Efforts

Why the decrease? This might be because we had a newer team of ECPCs as we faced the challenge of hiring, orienting and training for several openings in our home visiting team. Our goal for Education services is to strengthen Social Emotional, Language, Literacy and Emerging Math outcomes. Our Professional Development/ Coaching and training are important pieces in building the skills of our education team to address current needs that parents have in supporting their children to be ready for school and life.



Fiscal Year Outcomes 23-24

Income	\$
Early Head Start Federal Funding	\$2,205,489.00

Expenses	\$
Personnel	\$1,296,335.00
Fringe Benefits	\$290,146.00
Travel	\$43,493.00
Supplies	\$87,609.00
Contractual	\$77,956.00
Other	\$409,950.00
Subtotal	\$2,205,489.00
Recipients share of net outlays (including in-kind)	\$467,989.00
Total expenses	\$2,673,478.00

Systems are in place to maintain fiscal controls, cost-effective management, monitoring, accountability, and compliance. Early Head Start funds are protected and expended appropriately through the supervision of the Director of Finance, internal and external reviews, and audits by the agency and the Office of Head Start, and overseen by the EHS Policy Council and the El Nido Board of Directors.

Agency Public & Private Funds

\$15,720,472

Government Contracts	\$13,481,578.00
Foundations	\$833,204.00
Contributions	\$358,873.00
Miscellaneous & In-kind	\$1,046,820.00

Proposed Budget for 2024-2025 (including in-kind)

\$2,820,418

Results of Most Recent Review

In the fiscal year 2023, the Administration of Children and Families (ACF) Office of Head Start conducted the FAI review. The program was found to be in compliance.

Financial Audit Information

The Agency's financial audit was completed in June 2024 with an unmodified audit opinion. For more information, visit our website: ElNidoFamilyCenters.org

We are looking for Prenatal women and children 0-3 years old to join our El Nido Family, if interested please contact us!

2152 West Manchester Avenue
Los Angeles, CA 90047

p: (323) 971-7360

f: (323) 971-7377

If you would like more information, please visit

ElNidoFamilyCenters.org

